

**Raphael T. & Margaret M. (1988, September). What You Should Know about AIDS. On Voice of Kenya (Producer), AIDS: The Facts [radio programme]. Kenya.**

## **OVERVIEW**

Should you have listened to Kenya's "AIDS: The Facts" radio programme in September of 1988 and been interested enough to write in for further information, you might have received a letter like this:

"AIDS: The Facts" Radio Programme  
P.O. BOX 61353  
NAIROBI, KENYA  
6 October, 1988  
Dean Borgman  
P.O. Box 232  
NAIROBI, KENYA

Dear Dean:

Thank you for your letter. We are happy that you listen to the programme about AIDS (Acquired Immune Deficiency Syndrome).

Please continue listening to the programme. It is on the air on the Voice of Kenya on Saturdays at 11:30 a.m. and Tuesdays at 8:30 p.m. We are doing everything to answer on the radio the questions you and other listeners have raised.

AIDS is a problem you and I must not ignore. AIDS can kill you or me—or our brothers and sisters—or children—if we ignore it.

We wish to remind you of the following:

- AIDS kills and there is no cure.
- AIDS is in our midst and is found in all corners of the world with people of all classes, ages, religions, tribes and color. AIDS is also in our country.

**AIDS IS MAINLY SEXUALLY TRANSMITTED.**

- Avoid prostitution or having sex with prostitutes.
- Stick to your spouses.
- Unmarried youth should stay out of pre-marital sex—or stick to one faithful partner.
- Venereal Diseases (VD, or STD, sexually transmitted diseases) increase up to four times your chances of contracting AIDS.
- Get prompt and competent treatment for VD. Don't just swallow capsules—you could be making your situation worse.
- Seek professional advice with respect to sexually transmitted diseases.
- Do NOT SHARE body piercing products like ear piercing needles and circumcision knives.
- Do not receive injection from Bush Doctors.
- Do not allow witch doctors to pierce your skin with a shared razor blade which could be contaminated.
- Correct use of condoms gives reasonable protection.

Dean, there are several other points you should know about AIDS, but the above are the most important for you to remember—and it would help to tell others who are close to you.

Please continue listening to the programme. Remember you are still welcome to ask more questions.

Thank you for writing once again.

Yours sincerely,

RAPHAEL TUJU & MARGARET MUTUNJI  
PRESENTERS—AIDS THE FACTS

cc: National AIDS Committee, NAIROBI, KENYA

Dean Borgman cCYS